

3rd Annual International Food Workers Week

NOV 23-29, 2014

SUPPORT OUR EVERYDAY FOOD WORKER HEROES



FOOD CHAIN WORKERS ALLIANCE

FOODCHAINWORKERS.ORG

FOOD CHAIN AVENGERS



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Millions of food workers around the world struggle to make a living each day. In the U.S. alone, 20 million people work in the food system, growing, processing, transporting, serving, cooking, & selling the food that we eat each day. Show your solidarity & support for food workers by taking part in activities & events happening across the country on this 3rd International Food Workers Week, organized by the Food Chain Workers Alliance.

APPETIZERS: An Introduction to food workers and the struggles they face. Learn about food workers and educate your friends and families about the hands that feed us. Select a video, or more than one, from this list.



Food Worker Heroes

The Food Chain Workers Alliance has created a series of short videos called Food Worker Heroes to highlight the workers we depend on for our food every day. Watch Martha, a Walmart worker; Constantine, a street food vendor; Bakari, a warehouse worker; Pedro, a meat-packing worker; and Gualberto, a farmworker at <http://bit.ly/foodworkerheroes>.

Farmworker Stories: An Oral History of the Farmworkers of New York

In the summer of 2014, 2 college interns traveled from Long Island to the Finger Lakes to collect stories from a diversity of farmworkers in New York State. The short films were launched on Food Day, Oct. 24, 2014, and are on the Rural & Migrant Ministry blog, Witness, <http://rmmwitness.tumblr.com/>

All [http](#) webpages in this menu are hyper-linked so just click to go to the website.

"Food Chains" Film

From Eva Longoria and Eric Schlosser, author of *Fast Food Nation*, comes a powerful and shocking expose about what feeds our country and how one small group of workers fought corporate greed to end slavery and abuse in America's fields.

Narrated by Academy Award winner Forest Whitaker, "Food Chains" is in theaters and available on iTunes starting Nov. 21: <https://itunes.apple.com/us/movie/food-chains/id931672934>

Fair Food Series

"Fair Food: Field to Table" is a multi-media presentation promoting a more socially just food system in the U.S. It was created by California Institute for Rural Studies and Rick Nahmias Photography and features members of the Alliance, among others.



Through the stories and voices of farmworkers, growers, businesses



and fair food advocates, learn about the harsh realities of farmworker conditions and, more importantly, the promise of improved farm labor practices in American agriculture. The growing movement for "fair food" is tapping into rising consumer demand for food produced in accordance with their values.

<http://www.fairfoodproject.org/main/>

Living Off Tips

The corporate restaurant industry has kept the federal tipped minimum wage at \$2.13 since 1991, and they're fighting to keep it as low as possible everywhere else.

Servers are fed up with living off tips. They are standing up for 1 FAIR WAGE. These are their stories.

See more at: <http://rocunited.org/living-off-tips/>

Find more links to videos on our website www.foodchainworkers.org, under the "Resources" tab.

Then reflect and talk with friends and colleagues about what you learned. Suggested discussion questions include:

1. How do you define sustainable food & a sustainable food system?
2. What is food justice and food sovereignty?
3. Why is food important to you?
4. Prior to watching this video(s), did you ever think about the people who feed us?
5. How did you feel after watching the video(s)?
6. What impacted you most about the video(s) and why?

MAIN COURSE: The food system is the largest employer in the U.S. and the majority of frontline food workers earn poverty wages. In the U.S., a third of food workers suffer from food insecurity and hunger.

Here are some ways you can support our every day #FoodWorkerHeros.

- Order a copy of our new comic book **Food Chain Avengers**. The comic book uses examples drawn from real experiences by workers in their respective industries, and the 5 main characters of the story walk us through the 5 sectors of the food chain. The comic book exposes the exploitative nature of the food system vis-à-vis its workers, communities, and the environment. And, it tells the story of struggle to victory. **Go to <http://bit.ly/FoodChainAvengersOrder> to order comic books in English and/or Spanish.** You can also download the comic books in those two languages and in Chinese for free from our website starting November 23: <http://foodchainworkers.org/>

- Check out and share our new **bilingual interactive map of over 1,300 organizations** that support food system workers, created in partnership with Jubilee Films, producer of the documentary “The Hand that Feeds”. <http://changingthefoodchain.org/>

- Watch and share our new **Food Worker Hero videos**. <https://vimeo.com/foodchainworkersalliance>
- Become a **monthly sustainer** of Food Chain Workers Alliance so that we can continue to empower workers to improve their workplaces and our food system! \$10 to \$25 a month can make a big impact. Go to: http://foodchainworkers.org/?page_id=22



DESSERT: Support campaigns of food workers across the country to improve their workplaces, communities and quality of life for their families



- **Stand with Walmart workers on Black Friday.** Find out how at <http://blackfridayprotests.org/>

- Join a protest to **demand that Wendy's & Publix sign the Fair Food Agreement** with the

Coalition of Immokalee Workers. Go to <http://foodchainworkers.org/?p=28> for the full list of actions.

- Sign a post card to **Stop Pesticide Poisonings!** <https://bit.ly/1suXf15>

- Many of the farmers in Africa who grow cocoa live in abject poverty, and child labor is still a serious problem. Go to <http://laborrights.org/fairsharecocoa> to learn more and take action.

- Sign this petition advocating for **drivers licenses for residents in Florida**, including undocumented immigrants. You can sign the petition at <http://www.floridafarmworkers.org/>.

- Sign the petition to **kick the National Restaurant Association out of Congress!**

<http://StopTheOtherNRA.org>

If you're not afraid of the OTHER NRA



Then you should be.

See the secret menu they're not showing you: www.stoptheothernra.org



foodchainworkers.org

join the conversation: @foodchainworker // #foodworkers