

**RAISE
THE
WAGE!**

**SAFE
WORK-
PLACES**

Millions of food workers
around the world struggle to make a living each day.
In the U.S. alone, nearly 20 million people work in the
food system, growing, processing, transporting, serving,
cooking, & selling the food that we eat each day.
Show your solidarity & support for food workers
by taking part in activities & events happening
across the country on this second
International Food Workers Week, organized
by the Food Chain Workers Alliance.

**PAID
SICK
DAYS!**

**A VOICE
IN OUR
WORKPLACES
AND
COMMUNITIES**



foodchainworkers.org

join the conversation: @foodchainworker // #foodworkers

2nd Annual

**INTER-
NATIONAL FOOD
WORKERS
WEEK!**

November 24-30, 2013



www.foodchainworkers.org

APPETIZERS: An Introduction to food workers and the struggles they face. Learn about food workers and educate your friends and families about the hands that feed us. Select a video, or more than one, from this list.

Guess Who's Coming to Breakfast?

<http://bit.ly/FCWA-GuessWho>: A short video produced by the Food Chain Workers Alliance about the 20 million people who make it possible for us to eat each day. It is also available in Spanish bit.ly/FCWA-advinaquien.

"Food Chains" trailer

www.foodchainsfilm.com: "Food Chains" explores critical human rights issues in American agriculture from wage theft to modern-day slavery and exposes the powers that perpetuate these un-American violations of human dignity.

Behind the Kitchen Door Book Trailers

www.youtube.com/user/ROCUnted1/videos: These 4 trailers to the book "Behind the Kitchen



Door" share stories of restaurant workers and what its like to live on \$2.13/ hour.

"Do we really need industrial agriculture to feed the world?"

www.foodmyths.org/myths/hunger-food-security/: Narrated by Anna Lappé, this short video exposes the biggest players in the food industry and their negative impact on our food, the environment, our health, and on farm-workers.

*Find more links to videos on our website
www.foodchainworkers.org, under the "Resources" tab.*

Then reflect and talk with friends and colleagues about what you learned. Suggested discussion questions include:

1. How do you define sustainable food & a sustainable food system?
2. What is food justice and food sovereignty?
3. Why is food important to you?
4. Prior to watching this video(s), did you ever think about the people who feed us?
5. How did you feel after watching the video(s)?
6. What impacted you most about the video(s) and why?

MAIN COURSE: Take Action to Raise the Minimum Wage! Currently, the federal regular minimum wage is \$7.25 per hour and the tipped minimum wage is \$2.13. Raising the minimum wage to \$10.10 and the tipped minimum wage to 70% of that would benefit almost 8 million workers in the food system. In total, 29 million workers in all industries will benefit from the minimum wage increase.

Here's how you can help us #Raisethewage:

- * Sign our petition to raise the minimum wage [bitly/DimeADay](http://bit.ly/DimeADay) and tell your friends and family to sign too! Share it on FB and Twitter!
- * Participate in our Twitterstorm on Tuesday November 26 - follow us @foodchainworker to join in!
- * Share our memes on Facebook and Twitter
- * Write to your Congressional representative and let them know you support raising the minimum wage bit.ly/raisethewagenow

DESSERT: More actions to support workers organizing for a better life for themselves and their families and communities

- * **Campaign for Fair Food:** Support the Coalition of Immokalee Workers by signing this petition urging Wendy's to join the fair food program

bit.ly/wendysjoinfairfood!

* **Making Change at**

Wal-Mart: Support Wal-Mart workers and take the pledge to stand with them on Black Friday bit.ly/blackfridayworkers! & Vote for Wal-Mart in the Corporate Hall of Shame as the worst corporation bit.ly/votewalmart!

- * **Dignity at Darden:** Support Restaurant Opportunities Centers United's Dignity at Darden campaign - sign this petition bit.ly/justiceforworkers!

* **Fast Food Forward Campaign:** Support fast food workers by signing their petition <http://lowpayisnotok.org/7-billion/>!

* **Support Safer Food for Consumers & Farmworkers:** Sign this petition urging policymakers to better protect farmworkers from dangerous pesticides bit.ly/protectfarmworkers!

